

## Rules and Regulations

Updated on 3/2008

### **Desirable Features of a Game**

- Willingness to accept referees' calls.
- Praise and encouragement for good play and effort.
- Games played in spirit of enthusiasm and friendly competition.
- Positive attitude of coaches and players.

### **Undesirable Features of a Game**

- Vocal arguments with referees.
- Failure to cheer and shake hands.
- Deliberate delay of game when ball is not in play.
- Interference from coaches and fans.
- Avoid profanity -for the sake of players, referees, and children on the sidelines.

### **Avoiding Injuries**

- Play under control and within your abilities and skill level.
- Proper conditioning
- No Slide Tackling
- Avoid collisions -- be aware of other players involved in the play.

**It is the managers responsibility that his/her team knows these rules.**

## Rules and Regulations

All rules based upon the present USSF/FIFA Laws of the Game unless specifically mentioned in the following:

### Rules of the Game:

- Five touch rule will be enforced.
- No charging of the goalies. This will be enforced.
- Passes by feet to goal keepers cannot be picked up by goalie - Current FIFA Rule.
- No slide tackling.
- Woman's goal is worth 2 points.
- Man's goal is worth 1 point.

Penalty kicks are worth one point unless a woman was fouled in the penalty box, and then it is worth two points, if scored.

Home team is listed first on game schedule.

### **Number of Players:**

Rosters shall have no more than 25 players.

Player passes are mandatory for all players to play. NO PASS, NO PLAY, NO EXCEPTIONS. NO ADDITIONS ON GAME DAY.

A fielded team shall consist of five men, five women and a goalie of either sex. Maximum of six men on the field at a time which includes the goalie; more than five women can be on the field at any given time; no restrictions on the amount of women on the field.

Men: One player may be 21 or over; two players may be 25-30, the rest must be over 30 years of age at the beginning of their game (excluding a team that is formed for the Open Division). Women must be over 18 years old.

Teams must have seven players to start the game. A minimum of 3 women, three men and a goalie. If the team is reduced to six players, the game is over.

If a team is short women, you can have more men than women on the field as long as there are no more than five (5) men on the field, not counting the goalie.

Not counting the goalie, no more than five men can be on the field at any one time. Counting the goalie, there can be six men on the field.

### **Player Equipment**

Shin guards are mandatory and must be covered.

A player shall not wear anything which is dangerous to another player.

Every player (except the goalie) shall have matching numbered jersey, matching shorts, shoes and socks.

If both teams in a game have the same jersey color, the home team must change their color or they may wear pennies.

The ball shall be a USSF/FIFA approved ball, provided by the home team (team listed first on schedule).

Each team is required to provide, setup, and take down one goal net.

Managers are to be identified to the referee.

If you have corner flags, bring them to the game. No cones.

Managers or team captains are responsible for supplying a "Game Report" card for the refs at the start of every game.

### **Referees**

Only league sanctioned referees are allowed to officiate games.

If a referee does not show up for a game, the ref's fee will be paid to any volunteer who steps in to referee.

### **Method of Play**

All games are to be two 45-minute halves, with no overtime, unless shorter game time is agreed upon by both managers.

Substitutions are allowed as follows:

Own team throw-in.

A goal kick.

An injured player - opposing team may substitute a like number of players.

After a goal is scored.

When a player is cautioned -- opposing team may substitute a like number of players.

No substitutions are allowed on corner kicks or stoppage of play on the field.

#### Five Touch Rule

The trap is considered a touch.

The 5 touch rule will be left to the interpretation of the referee.

Penalty for breaking the 5 touch rule is an indirect kick to opposing team.

No slide tackling.

Goalies are the only players that can slide feet first as long as he/she is not sliding into the offensive player feet first.

#### Macho Rule

If a man and a woman are going to the ball, the man is not to use his advantage, such as using his weight, height, size, etc., to push, shove or act aggressively towards the woman” This will be considered a foul by the ref. It is up to the ref’s discretion, to make the call and the bottom line is that no one gets hurt. Remember to be courteous, this is a recreation league.

#### **Forfeited/Canceled Games**

In the event a team must cancel a game, if a 48 hour notice is not received by the Team Manager involved and the Referee Coordinator, the team forfeiting will be penalized \$50.

If a game is forfeited at game time, the forfeiting team is fined \$50

If a team does not have the required number of players or player passes 15 minutes after the scheduled start of game time, they must forfeit the game, and will be fined \$50.

If a game is forfeited, the forfeiting team is fined \$50, and the referee is obligated to stay and ref the game if both managers are in agreement to play.

If a game is ready to start and you choose, as a team, to forfeit, you may pick up players with current player passes in order to field a team and avoid the \$50 fine. The game will be played under league rules, but no score will be kept.

There are no rules (laws) stating a team has to play a makeup game, however, if you schedule a makeup game, and your team is a no-show, forfeits or cancels by choice, these games will not be rescheduled and if there is no 48 hour notice, the proper fine will be assessed. This however, does not refer to makeup games that have been rained out.

If neither team gives a 48 hour cancel notice, the two teams are to split the cost of the fine.

### **Registration/Adding/Dropping Players**

Fees are to be determined by the Board of managers each year.

Current league fees are \$750 plus \$100 refundable deposit (2008).

\$100 refundable deposit is to be used for meeting fines, game forfeit fines, etc.

No player may be on two teams at the same time.

Only colored pictures are acceptable for player passes. Driver's license photos may not be used.

Teams may add players at any time during the season, but must get registration paperwork to registrar by the Tuesday prior to next game.

Teams may only process 25 players maximum. If you wish to add more players, you must first drop the same number of players to stay at the 25 maximum number.

The registrar will charge \$5 per player add/drop after the 1st month of the season.

### **Penalties/Fines/Red Cards**

Penalty kicks to be taken by women only. One point awarded for successful penalty kick if a man is fouled in the penalty box. Two points awarded for successful penalty kick if a woman is fouled in the penalty box.

If a manager is caught using a player without a pass, the team is fined an amount equal to the cost of ref fees for one game and the manager is suspended for one game.

Red cards are an automatic minimum one game suspension plus a fine equal to the cost of ref fees for one game. Additional game suspensions to be determined by the disciplinary committee. Two yellow cards equal one red card and result in an automatic one game suspension. An automatic one game suspension for a red card is not satisfied by a rain out and the player must miss a game actually played.

If a player receives two red cards in one season, that player is out for the remainder of the season.

If a team receives four red cards in a season, the disciplinary committee will review the case and determine what kind of disciplinary action to take. The committee will then make their recommendations to the board. The board will have the final vote on the disciplinary action to be taken."

Fees for red cards must be paid to league treasurer in order to get player passes back. Play passes will be returned only after the fee has been paid and the suspension has been served.

An accumulation of THREE cautions throughout the season will be an automatic one game suspension.

All ejections are a minimum of one game suspension, pending review by the Disciplinary Committee.

Immediate substitutions required for any player cautioned -- allowed back on the field at that team's substitution time.

Confiscated player passes should be returned to the player promptly once the suspension has been completed. Managers can check with the disciplinary committee beginning on the Wednesday before the Saturday game if they have not heard how to pick up the card.

Red cards from the "kick-around" carry over to the next season.

It is a misdemeanor to play on any field that has been closed.

No alcohol allowed on any fields, at any time.

## **Disciplinary Action**

The disciplinary chairman is an elected position and a member of Executive Board.

Any manager may bring up any disciplinary problems, in writing, to the disciplinary committee for consideration (i.e., players actions outside of a game situation - before a game).

When the disciplinary committee meets to decide on the course of action to be taken for a red carded player, they must make every reasonable effort to notify that team manager by phone of their decision, with a follow-up by mail as soon as possible.

The team manager is responsible for picking up confiscated player pass from disciplinary chairman.

There are no protests, remember this is a recreational league.

## **Board Meetings**

A representative from each team must attend every board meeting. In the event the representative is not present, a \$10 fine will be assessed against the teams' initial \$100 refundable deposit. If you cannot attend a meeting, please send another representative from your team. Being late ten (10) minutes is considered an official late and subject to a \$10 fine.

Board Meetings are the first Sunday of the month @ 6:30 pm, **Round Table on Marlow Road**. Meetings are every month starting in January with the last meeting of the season in July, unless otherwise notified.

There will be no fines for those teams absent/late from the Dec/Jan Board meetings. The fine will only be charged starting the meeting after the team registration has been paid.

If a team has not paid their registration fee in full one week before the start of the season, they do not play.

If a team depletes their \$100 deposit, they need to pay an additional \$100 deposit if they wish to continue to play.

If a team manager calls prior to the Board Meeting to notify that he/she will be late, the \$10 fine will be waived.

## **Miscellaneous Rules & Regulations**

Absolutely NO ALCOHOL is allowed on any of the fields.

Absolutely NO SMOKING on School Grounds.

## **Kick-around**

All league rules/regulations apply for the kick-around tournament with the following exceptions:

Any player with a valid player pass may play on any team during the kick-around tournament.